# Care Plan

Discuss care plan with patient. Complete the form based on agreed plan, sign and give a copy to patient.

| Patient Name: | Date: |
|---------------|-------|
|---------------|-------|

#### CARE TEAM

| Name      | Address | Phone Number | E-mail Address |
|-----------|---------|--------------|----------------|
| Doctor    |         |              |                |
|           |         |              |                |
| NL        |         |              |                |
| Navigator |         |              |                |
|           |         |              |                |
|           |         |              |                |

□ Accompaniment to medical visits

 $\Box$  Reminders for visits by:  $\Box$  Call  $\Box$  Text  $\Box$  Email

### CHECK HEP C PROGRAM GOALS

| Goal  | Date Completed |
|---|----------------|
| □ Complete patient navigation assessment                  |                |
| □ Receive "Hep C basics" health promotion                 |                |
| □ Receive "Getting ready for Hep C care" health promotion |                |
| □ Attend 1st Hep C medical visit                          |                |
| Complete Hep C medical evaluation                         |                |
| □ Receive "Getting ready for treatment" health promotion  |                |
| □ Start Hep C treatment                                   |                |
| Complete Hep C treatment                                  |                |
| □ Receive "After treatment" health promotion              |                |

#### REFERRALS

| Type of Service                                    | Site Name and Address | Phone Number/<br>E-mail Address | Appointment Date/<br>Time |
|--|-----------------------|---------------------------------|---------------------------|
| □ Mental health                                    |                       |                                 |                           |
| □ Alcohol counseling                               |                       |                                 |                           |
| □ Transportation services<br>for national programs |                       |                                 |                           |
| □ Substance use/harm reduction                     |                       |                                 |                           |
| □ Insurance enrollment                             |                       |                                 |                           |
| □ Benefits (Food/<br>financial)                    |                       |                                 |                           |
| □ Housing services                                 |                       |                                 |                           |
| □ Legal services                                   |                       |                                 |                           |
| □ Specialist:                                      |                       |                                 |                           |
| Other:   |                       |                                 |                           |



# Care Plan

## HEALTH GOALS

| Action   | How | By when |
|--|-----|---------|
| Reduce or stop drinking<br>alcohol             |     |         |
| Reduce or stop using<br>drugs                  |     |         |
| □ Reduce or stop smoking                       |     |         |
| Work towards a healthy<br>body weight          |     |         |
| Review all meds and<br>supplements with doctor |     |         |
| □ Manage other illnesses                       |     |         |
| □ Other:                                       |     |         |

### NOTES

Hep C COMMUNITY NAVIGATION TOOLKIT

| Navigator Signature | Date |
|---------------------|------|
| Patient Signature   | Date |
|                     |      |