

UNLOCKING HCV CARE IN KEY SETTINGS



HepNET
Hepatitis Network for
Education and Testing



NASTAD



NVHR
National Viral Hepatitis Roundtable

Federally Qualified Health Centers (FQHC)

12:45-2:15 pm ET

HCV Micro-Elimination in the FQHC Setting through Innovation and Community Partnerships

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- ❖ Associate Professor of Medicine, Oregon Health & Sciences University
- ❖ Medical Director of SUD and Harm Reduction Services, Better Life Partners – VT, ME, NH, and MA



Disclosures

- I have received investigator-initiated research support from Merck Pharmaceuticals, Abbvie, and the Gilead FOCUS Foundation

Objectives

- Brief walk through the journey of the Central City Concern Hepatitis C Elimination Program (CCC HEP)
- From micro to macro-elimination: targeting innovation and building partnerships to address gaps in the care cascade
- Exploring the role of love, harm reduction philosophy, and interconnectedness in HCV elimination

Central City Concern

CCC is a houselessness services organization serving 14,000 Portlanders

Supportive Housing

Onsite supportive services to aid with recovery, mental health and other challenges that might be barriers.

Low Barrier Housing

Meeting people where they are with immediate, accessible housing.

Transitional Housing

People stay from six months up to two years as they gain stability.

Permanent Housing

Permanent, affordable housing for people who need an added layer of assistance.

Integrated Care Centers

Blackburn Clinic
Old Town Clinic
Hep C Clinical Pharmacy

Residential Care

Hooper Detoxification and Stabilization Center
Recuperative Care Program

Puentes

Outpatient mental health and addiction treatment for the Latinx/Hispanic community and non-English speakers.



Began with Anger and Love

2017 Restrictions:

- ▶ Cirrhosis +
- ▶ No substance use
- ▶ Only specialists could treat



(photo: Philippe Bonnet, Nigel Brunsdon photography)¹

1) Heroes of Harm Reduction Series, Nigel Brunsdon. Accessed 5/3/2023.

Began with Anger and Love

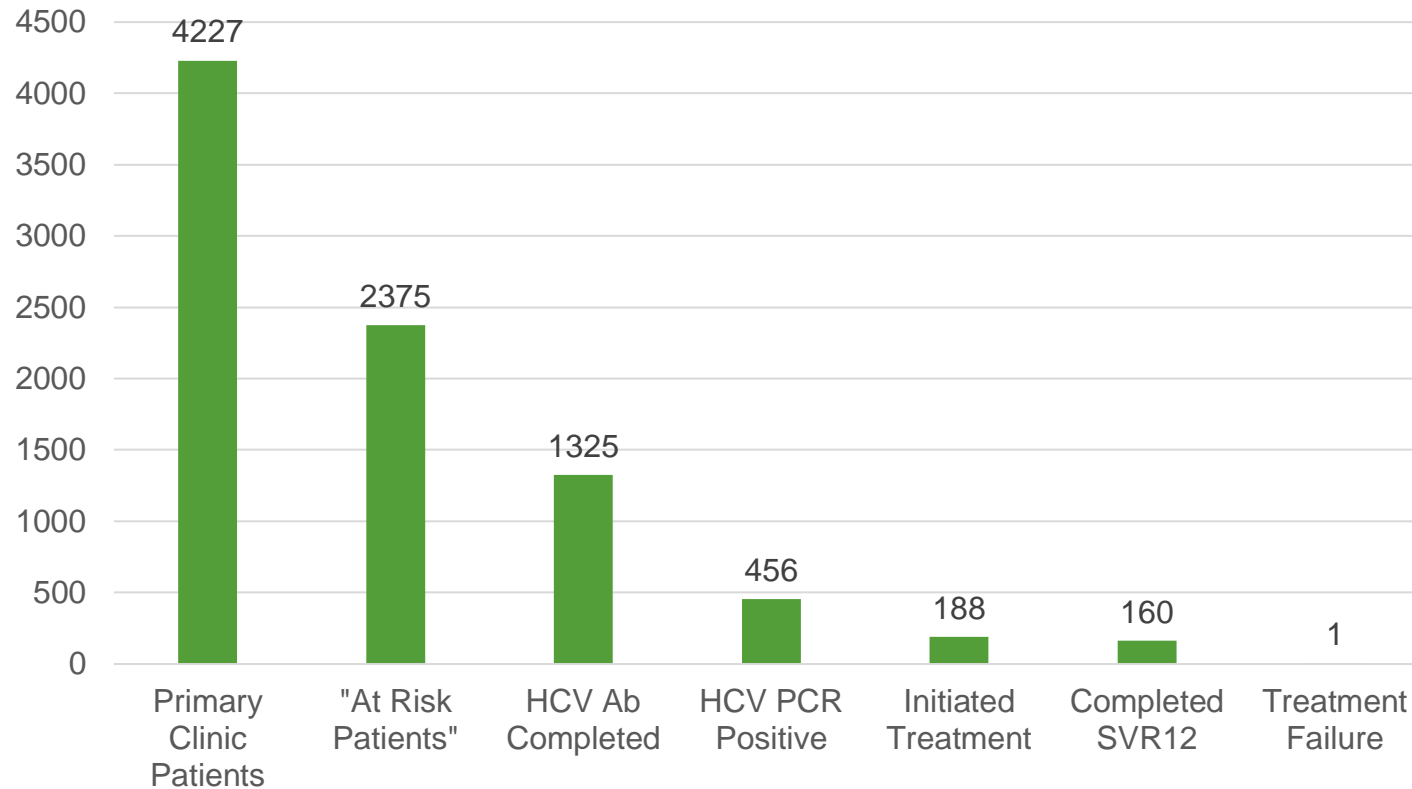
Those we cured:³

- ▶ More self-efficacy
- ▶ Less chaotic substance use
- ▶ More HR engagement
- ▶ Better relationships



(photo: Angie Woody, Nigel Brunson photography)²

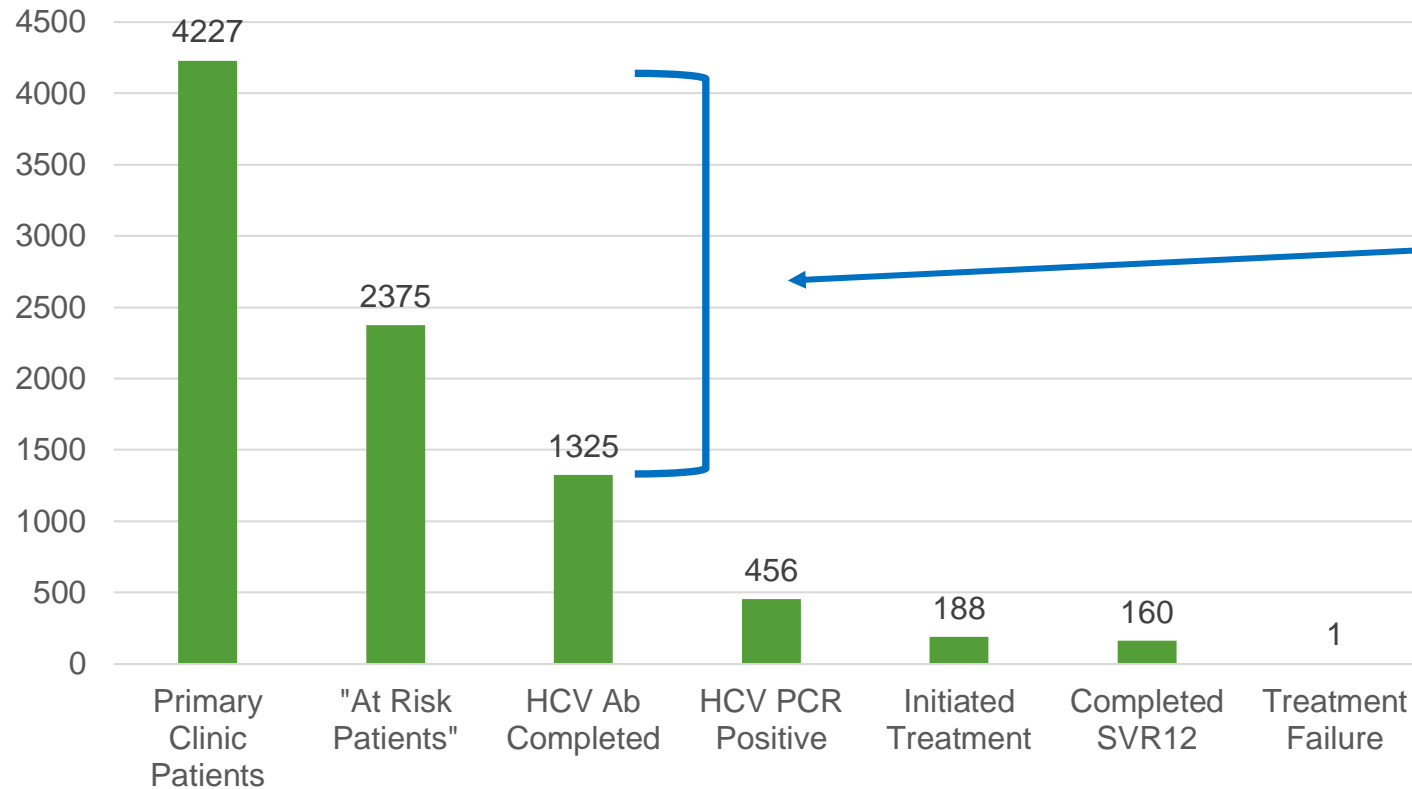
Start Small: One Clinic, Some Patients



- Lots of heart, few systems
- Risk based screening → 34% PCR positive
- Only 41% + initiated treatment
- Very high SVR12 completion rates

February 2017 – December 2018

Start Small: One Clinic, Some Patients

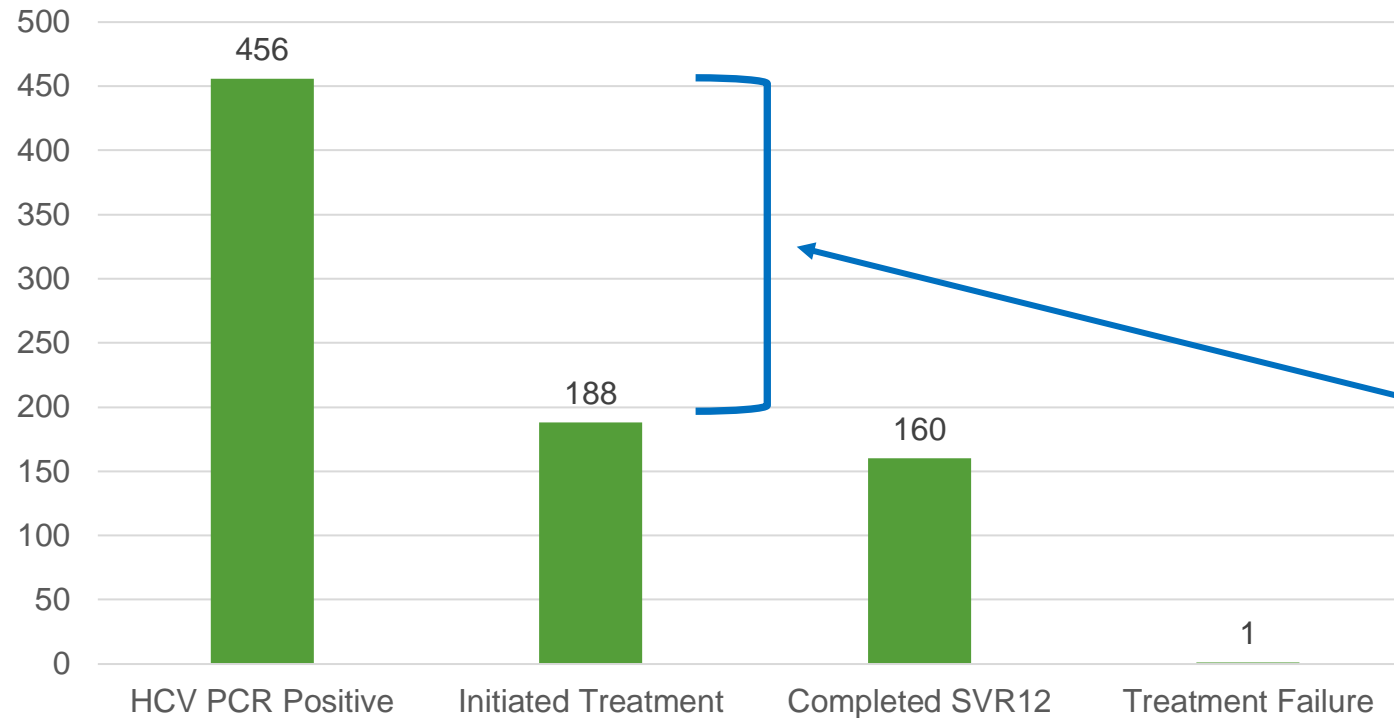


Identify Gaps

- Risk → universal, opt-out screening
- Build systems at bottle necks
- Streamline referral process
- Mitigate and organize against PA barriers

February 2017 – December 2018

Start Small: One Clinic, Some Patients

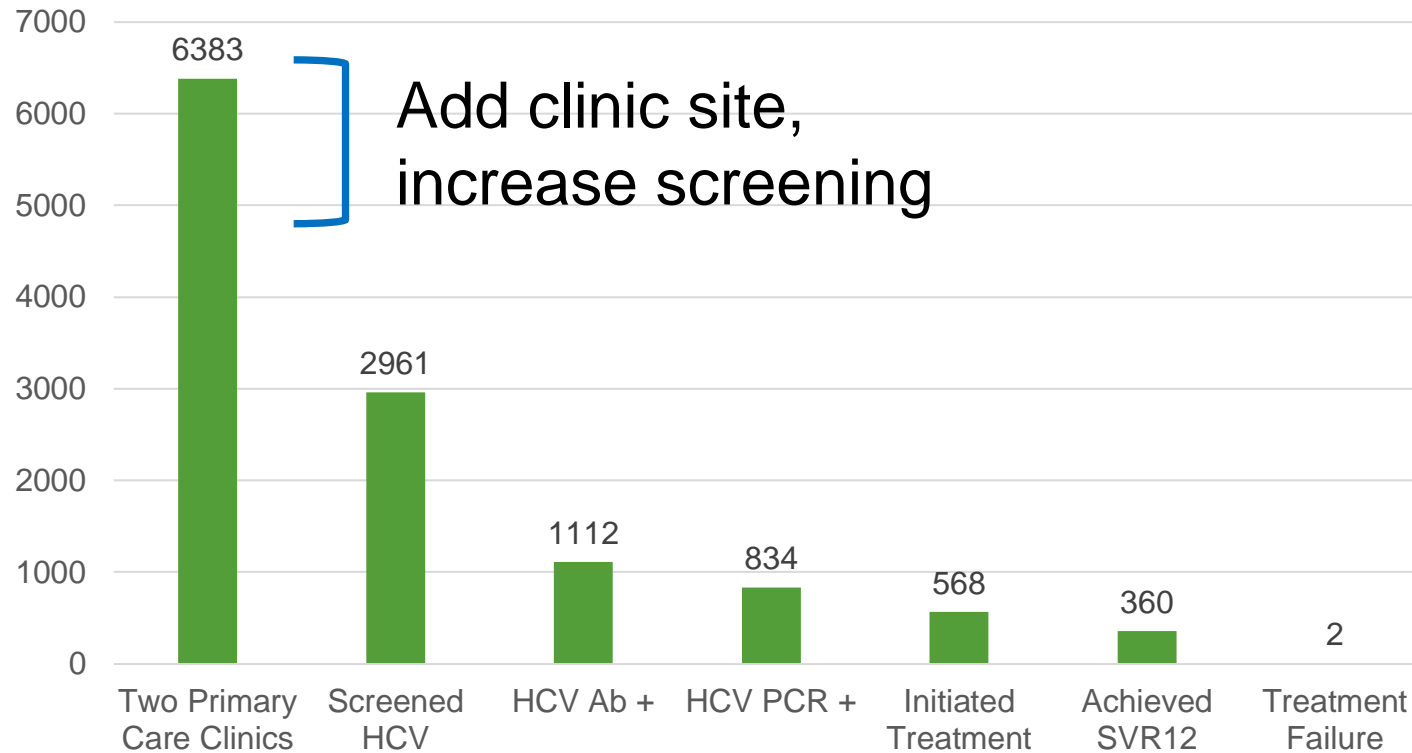


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February 2017 – December 2018

Build Internally, Refine Systems

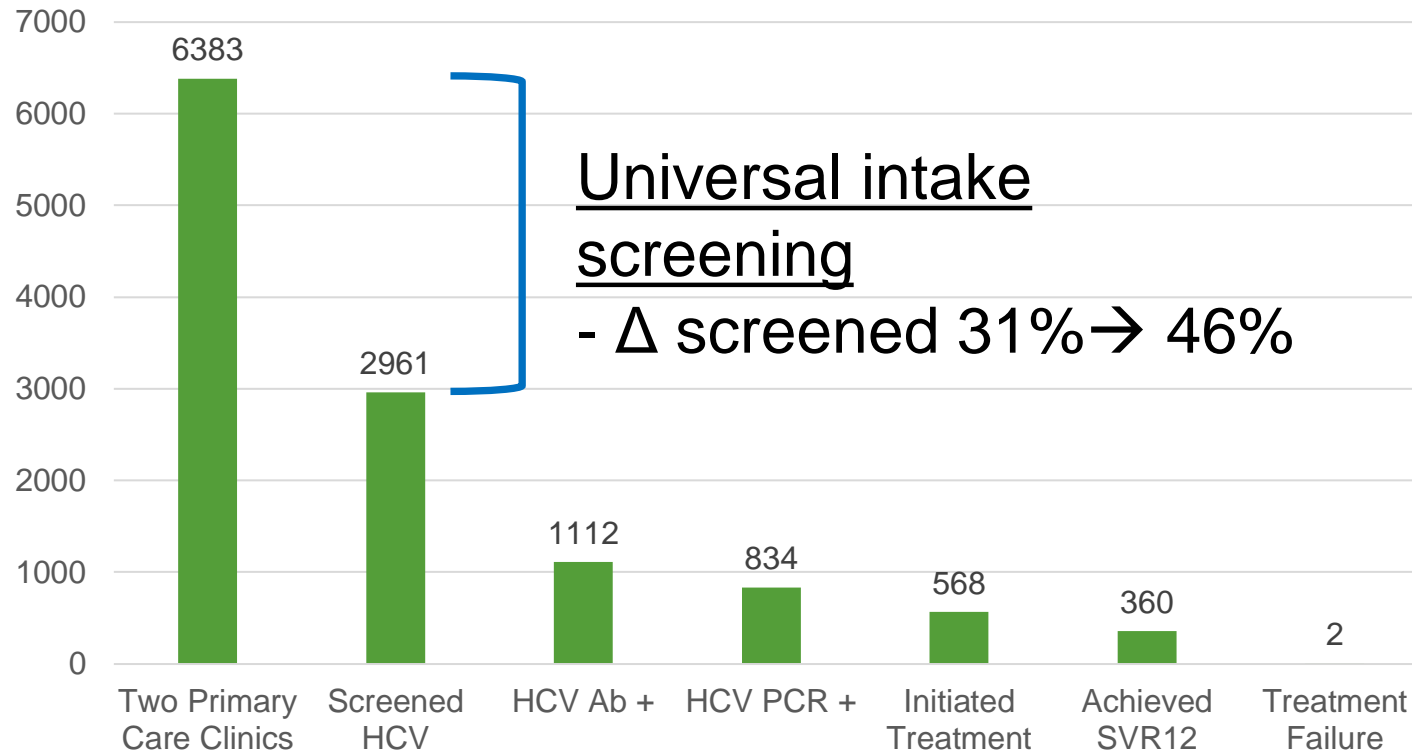


Grow and Refine Systems

- Add sites internally
- Universal screening

February 2017 – December 2019 – One Year Later

Build Internally, Refine Systems

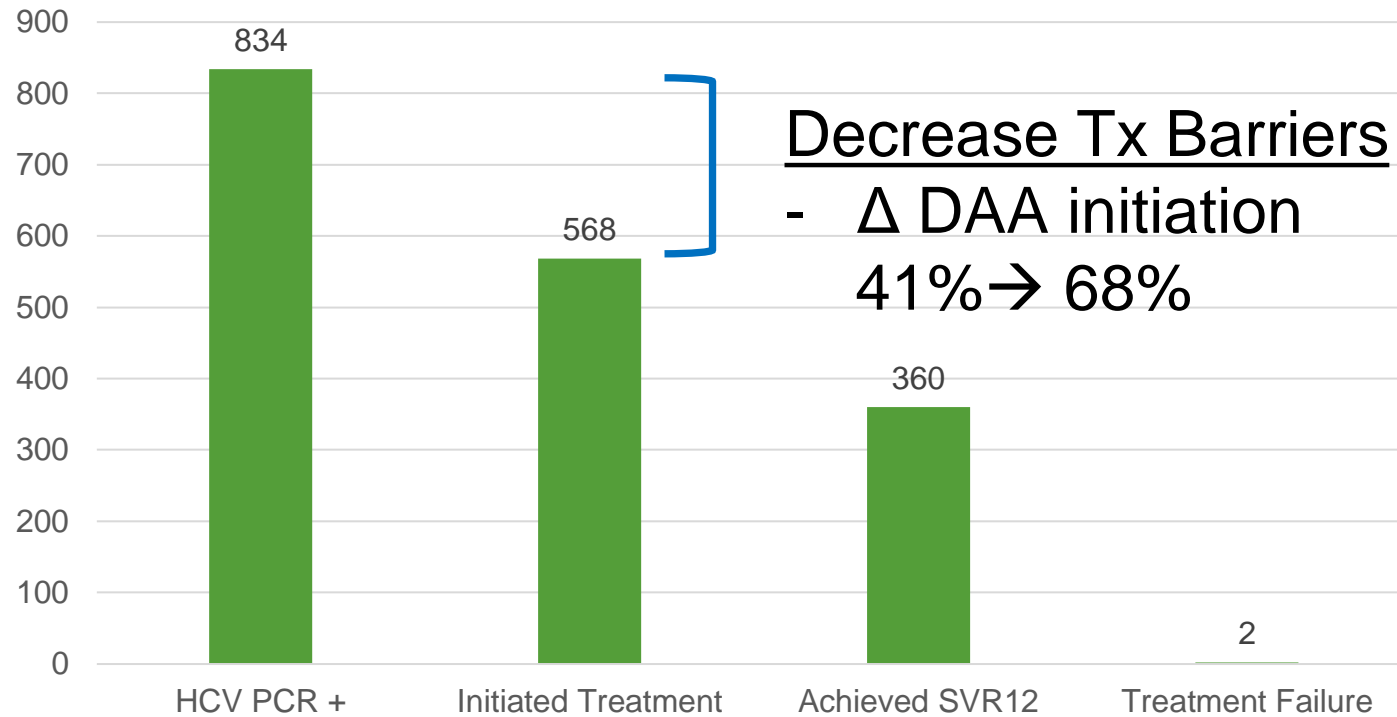


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February 2017 – December 2019

Build Internally, Refine Systems



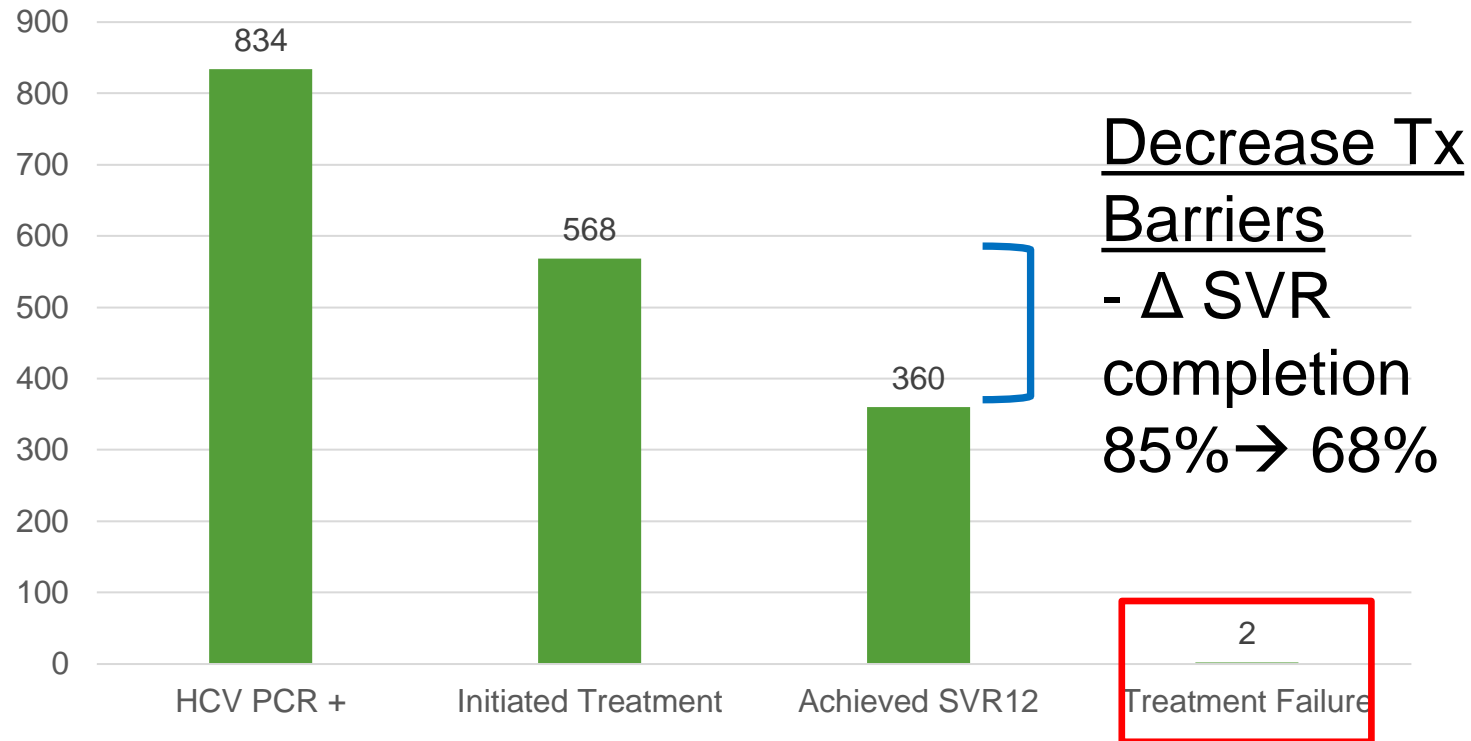
Decrease Barriers to Treatment

- Reduce prior auth restrictions
- Enhanced care coordination
- “One-Click screening to Treatment lab draw”¹

February 2017 – December 2019

1) Source: Seaman A, King CA et al. Int J Drug Policy. 2021 Jul 26:103359.

Build Internally, Refine Systems



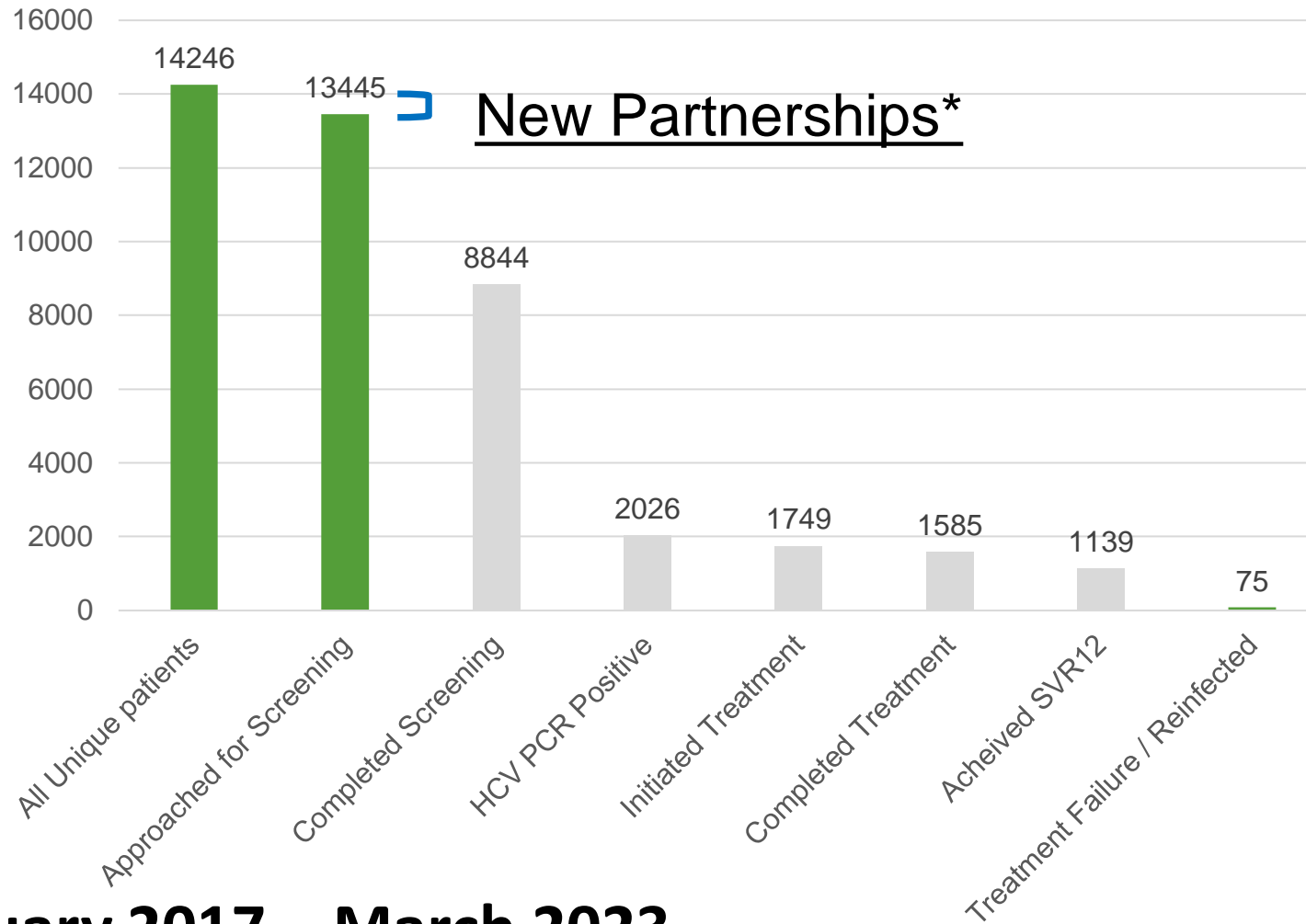
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Build Partnerships, Innovate

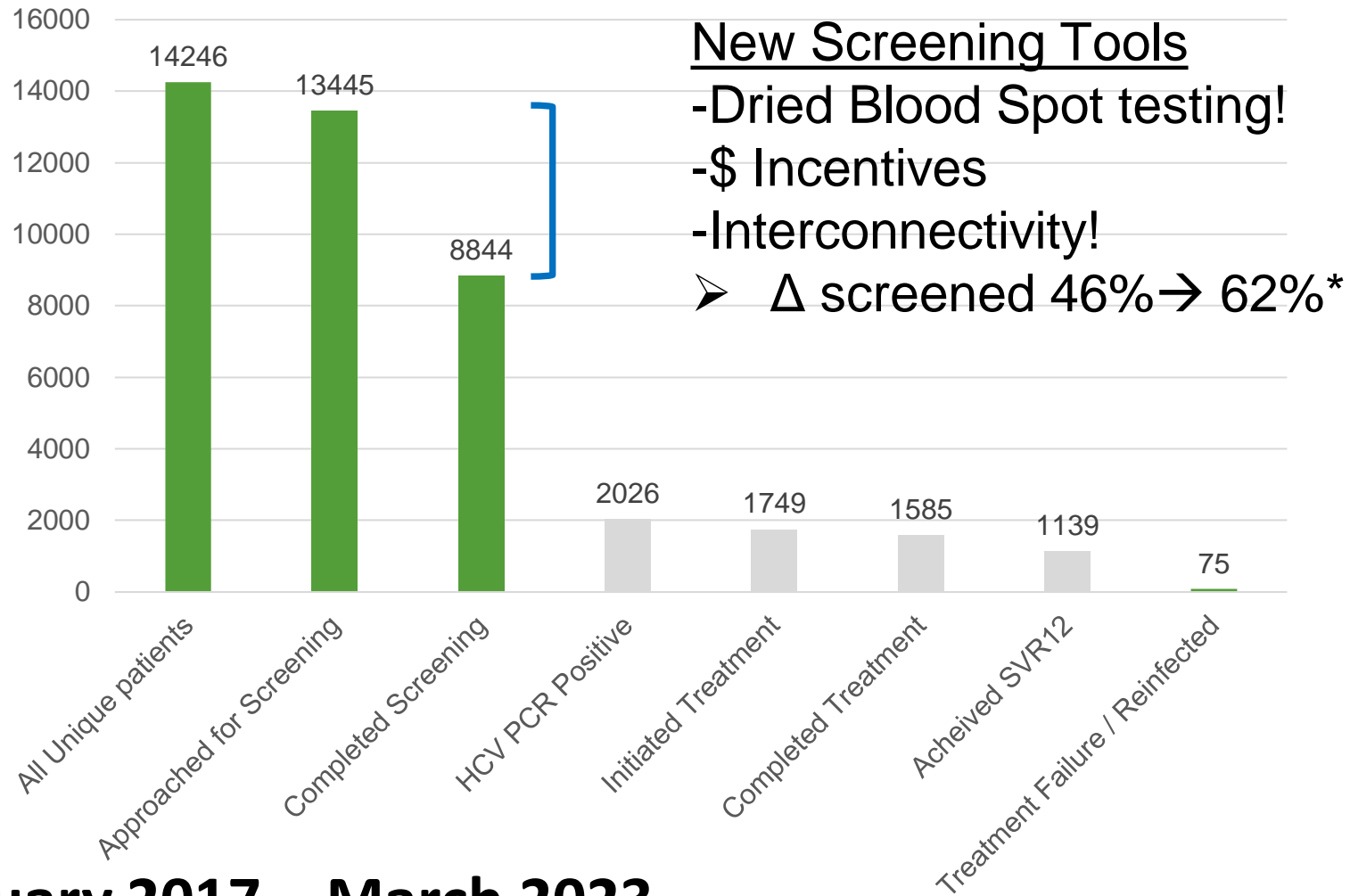


Build Partnerships* / Interconnectivity

- 8+ supportive housing
- SUDs detox center
- **5 Opioid Treatment Programs**
- Dozens street outreach sites
- Mental health, SUDs treatment, hospital systems, ...

February 2017 – March 2023

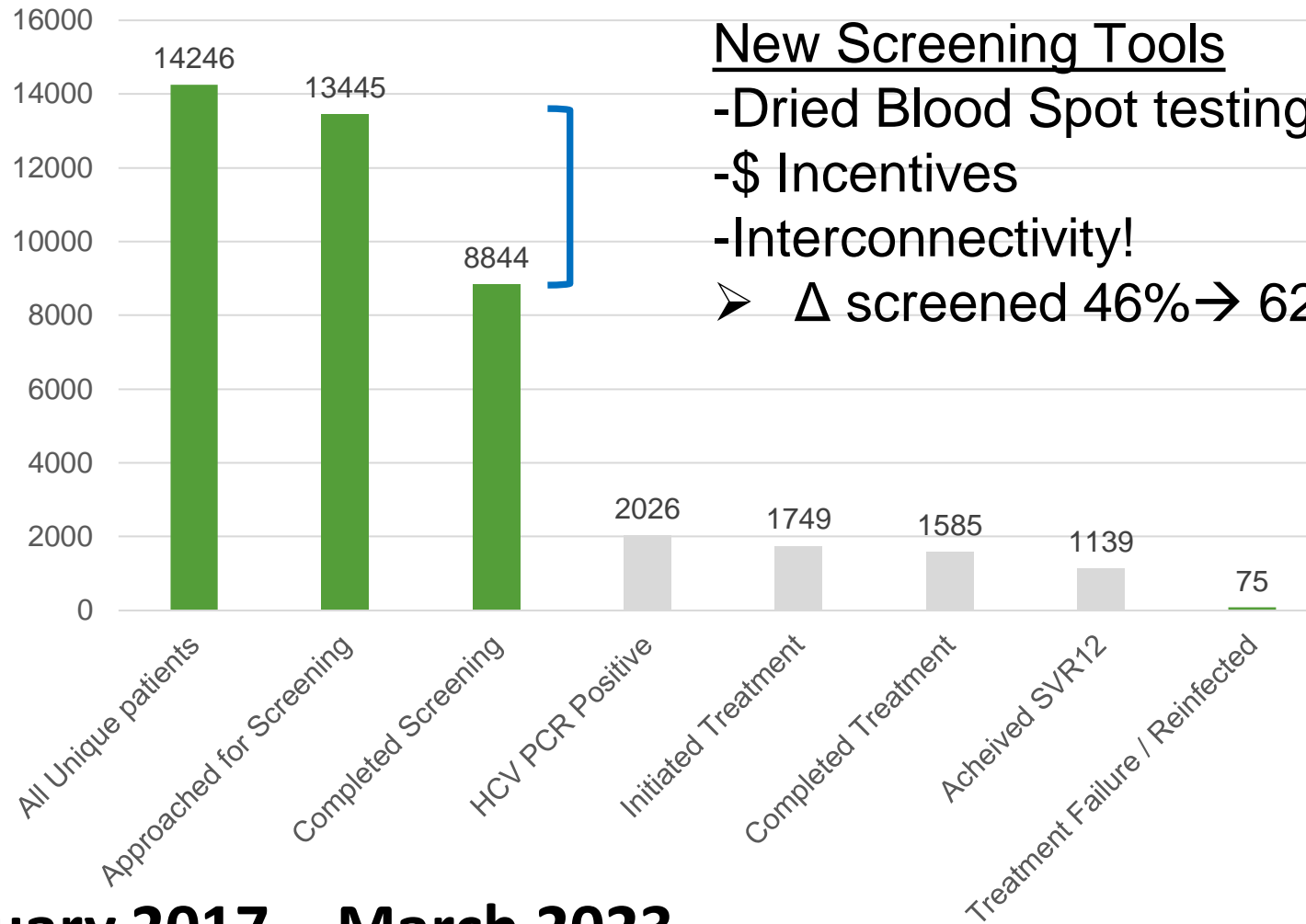
Implement DBS / PoC Testing!



February 2017 – March 2023

* Majority declined due to recent screening, low risk.

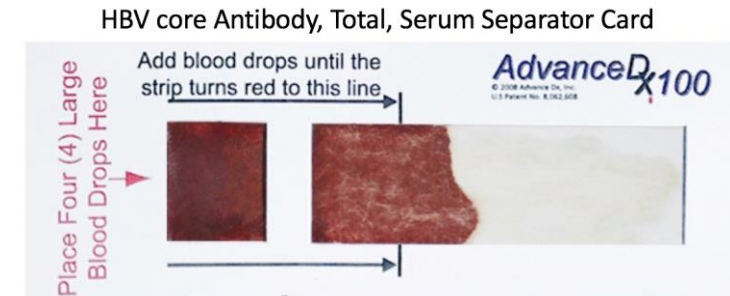
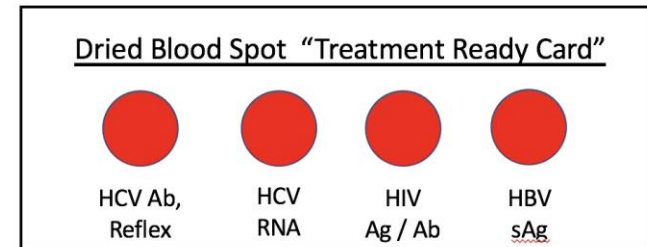
Implement DBS / PoC Testing!



New Screening Tools

- Dried Blood Spot testing!
- \$ Incentives
- Interconnectivity!
- Δ screened 46% → 62%*

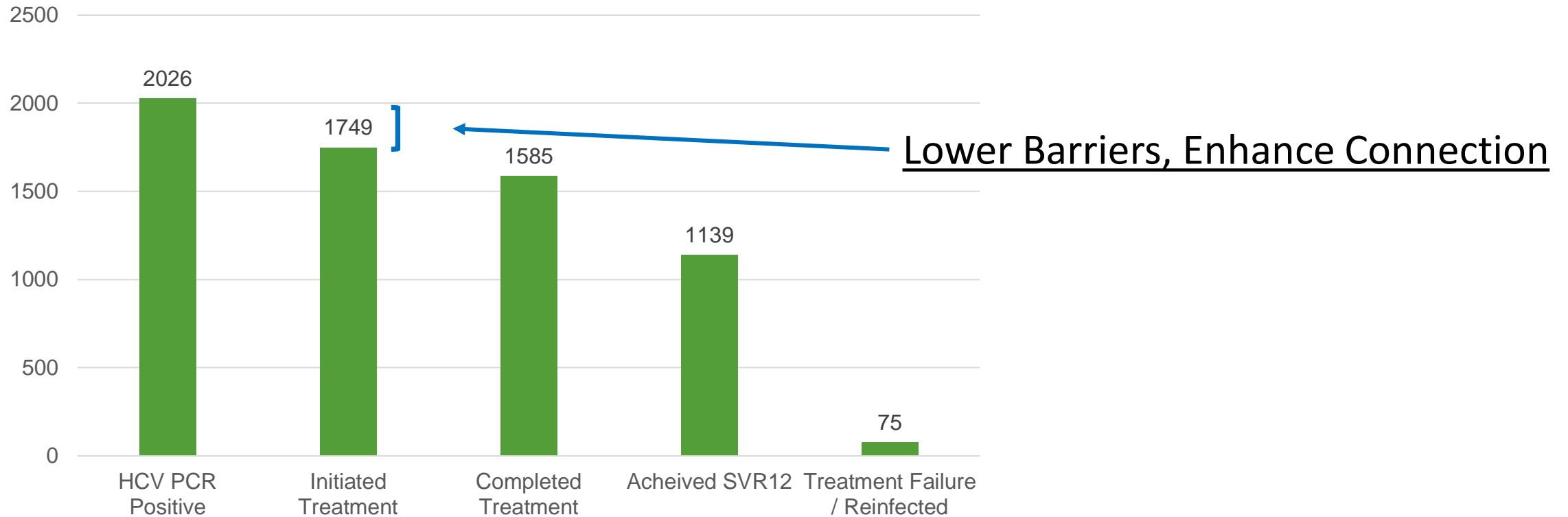
Dried Blood Spot (DBS), Serum Separator (SSC) +/- rapid PoC



February 2017 – March 2023

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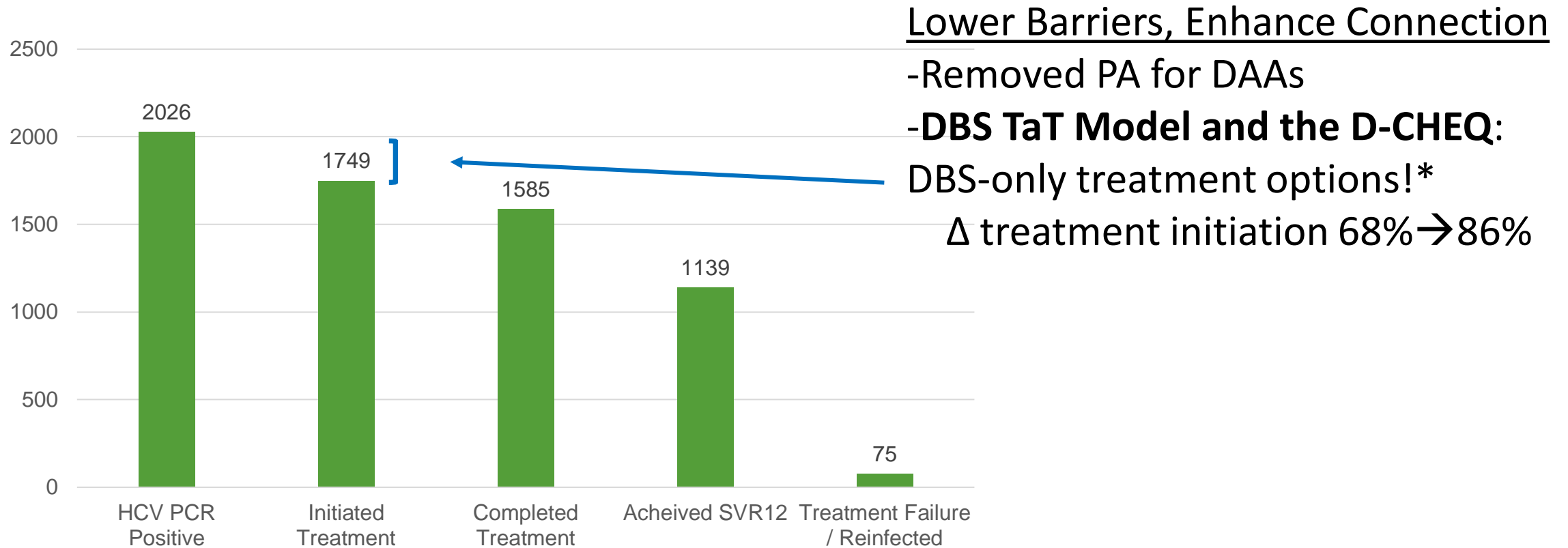
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February 2017 – March 2023

* Seaman A, Spencer H. DBS TaT Model using D-CHEQ scoring tool. Pre-publication. Implemented 1/1/2023.

Implement DBS / PoC Testing!



February 2017 – March 2023 – Today

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D-CHEQ:

Decompensated Cirrhosis in Hepatitis C Screening Questionnaire

- ▶ 4 questions re: Age, Alcohol Use, Prior Liver Disease/Complications
- ▶ Score 4-15
- ▶ Retrospective analysis of 1746 DAA treatments
 - ▶ 35 decomp cirrhosis
 - ▶ 131 randomized controls

D-CHEQ Score	Sensitivity	Specificity
>8	100%	89%
>11	100%	97%

DBS Test and Treat Model (DBS TaT)

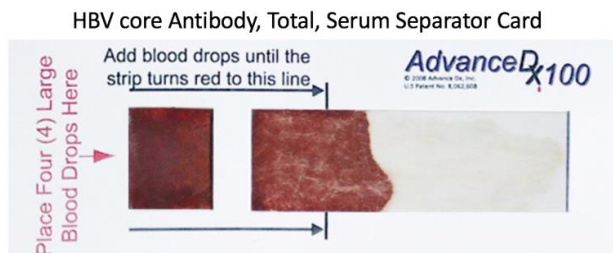
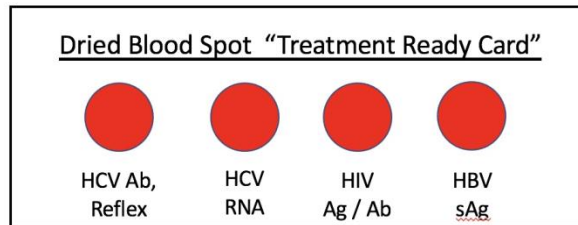
Outreach / OTP
Performs D-CHEQ,
DBS / SSC



D-CHEQ \leq 11, HCV +,
HBV sAg neg?

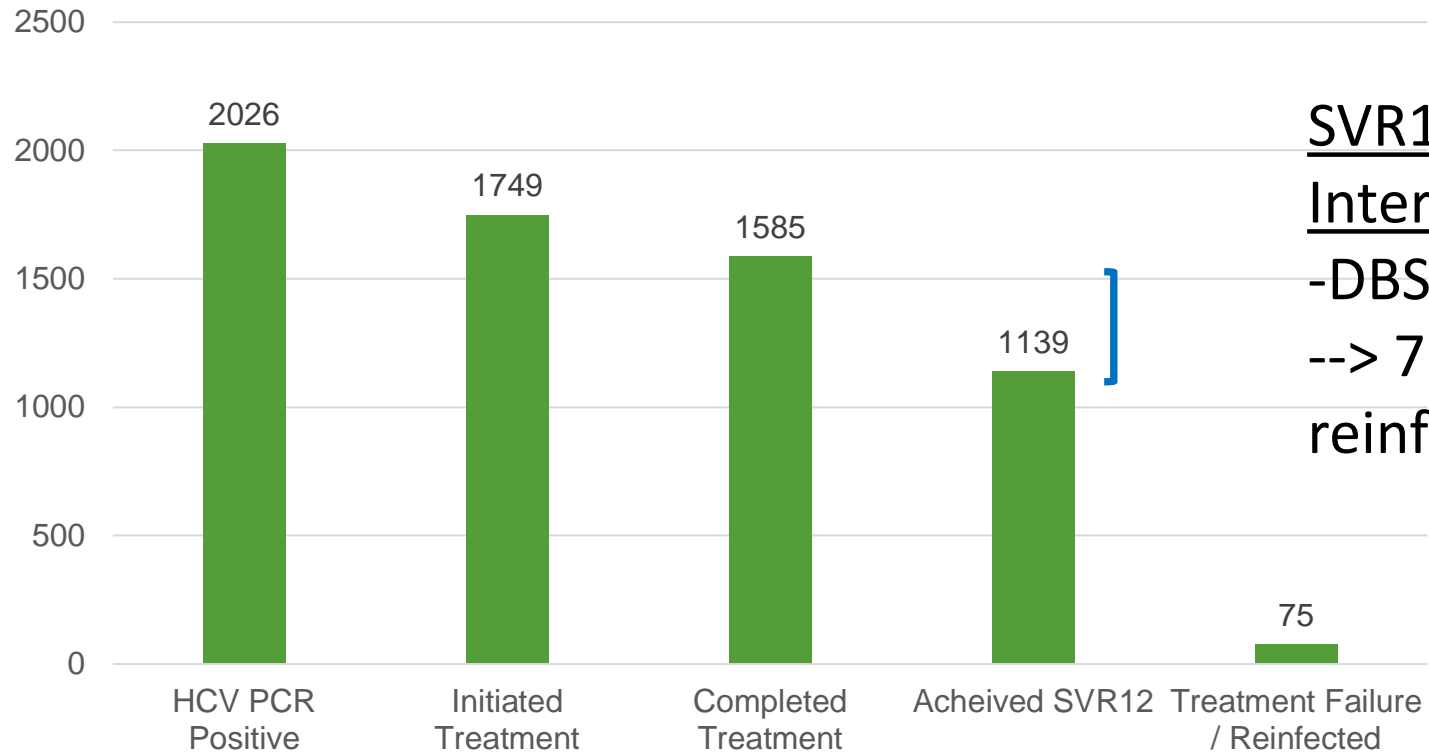


Start DAAs!



*Preliminary Data, Prepublication. Seaman, Spencer et al

Implement DBS / PoC Testing!



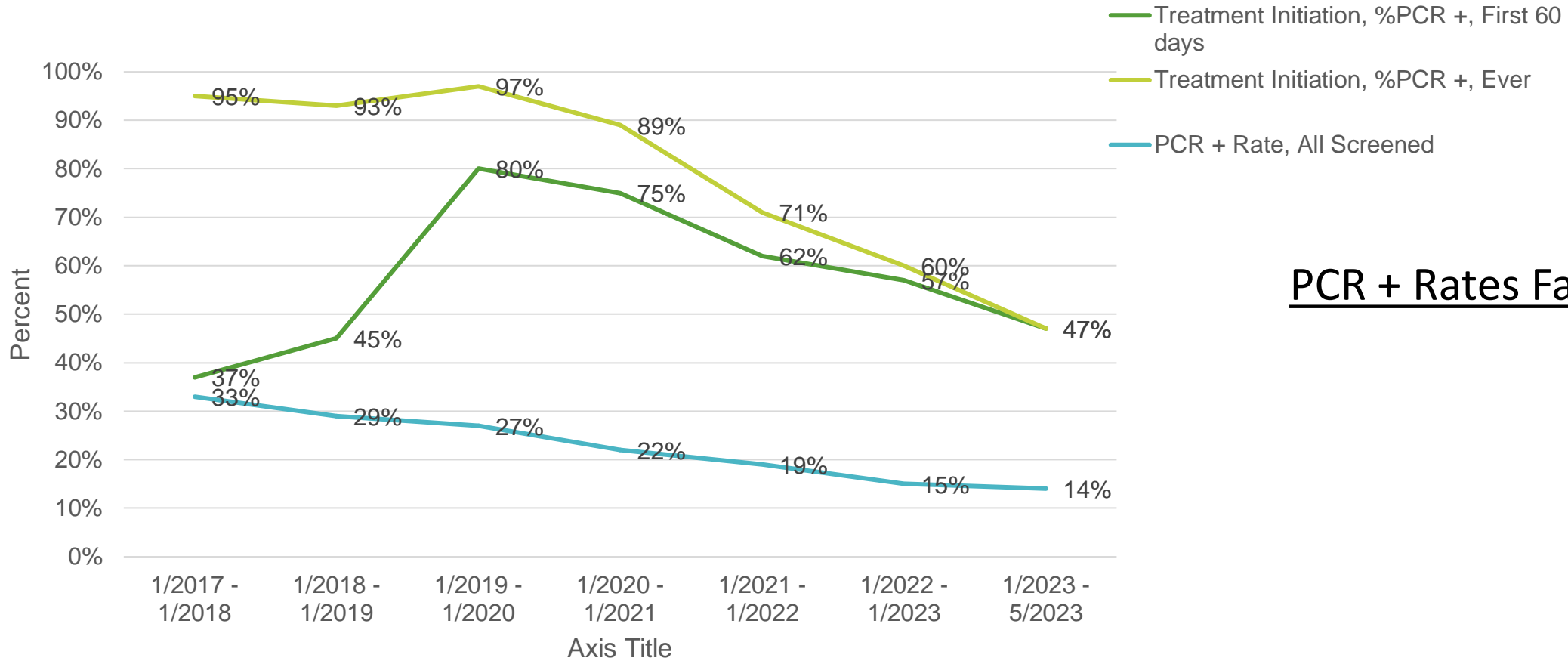
SVR12 completion: Incentives and Interconnectedness

-DBS-only treatment options*
--> 72% SVR12, 4% tx failure or reinfection

February 2017 – March 2023 – Today

* Seaman A, Spencer H. DBS TaT Model using D-CHEQ scoring tool. Pre-publication. Implemented 3/1/2023.

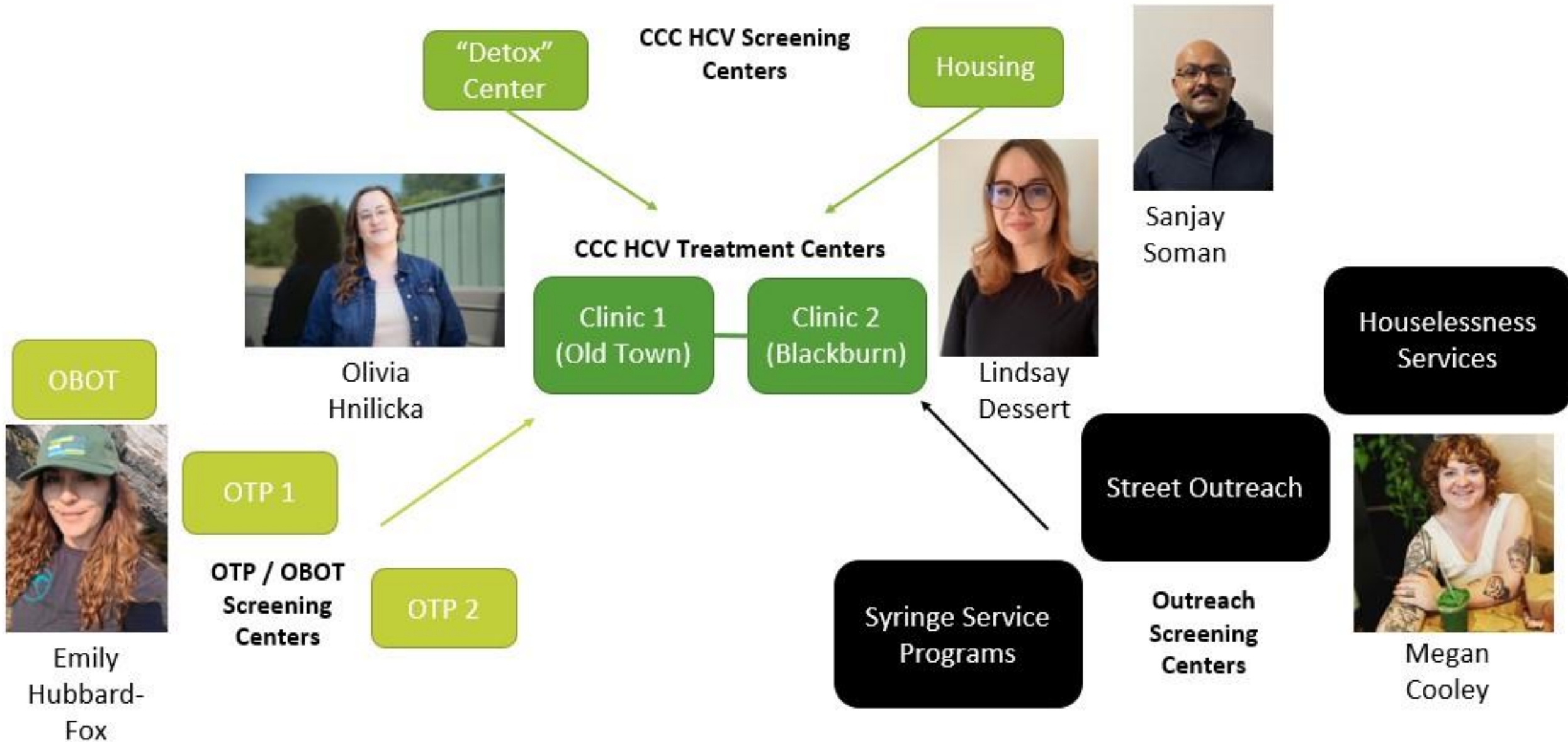
HCV PCR + rates over time



PCR + Rates Falling

January 2017 – May 2023

Relationships are the core of Elimination



Summary

- Start small, don't forget the big picture
- Weave a wide net! The more interconnected, the more cases you catch, the more you cure.
- Can't build systems without heart or have heart without systems
- Remove barriers to treatment and innovation (Prior Auth!), avoid unnecessary pre-treatment evaluation

Contacts

Andrew Seaman, OHSU, CCC, BLP
Andrew.Seaman@ccconcern.org



Acknowledgements

- The people living with hepatitis C and other victims of the war on drugs who taught us how to do this work.
- The CCC HEP Team for the radical love, harm reduction values, and perseverance to bring the cure to the people.
- Thank you to Nigel Brunson, Harm Reduction photographer, for allowing me to use their affirming work. Heroes of Harm Reduction Series, Nigel Brunson. Accessed 5/3/2023.

HCV CARE IN FQHCs

Stacey B. Trooskin MD PhD

Executive Medical Officer

Mazzoni Center

Faculty, Division of Infectious Diseases

Perelman School of Medicine, University of Pennsylvania





Open your eyes, look within.

BOB MARLEY

OPTIMAL MODELS OF HCV CARE IN FQHCS

"If you build it, they will come."
-Field of Dreams (1989)



Optimal Models in FQHC: Look within



Routine opt out HCV screening

First visit

Annually in high prevalence practices

Leverage the EMR: prompts, order sets, visit templates



Primary care providers treat all of their patients



Integrate services within the FQHC

On site phlebotomy

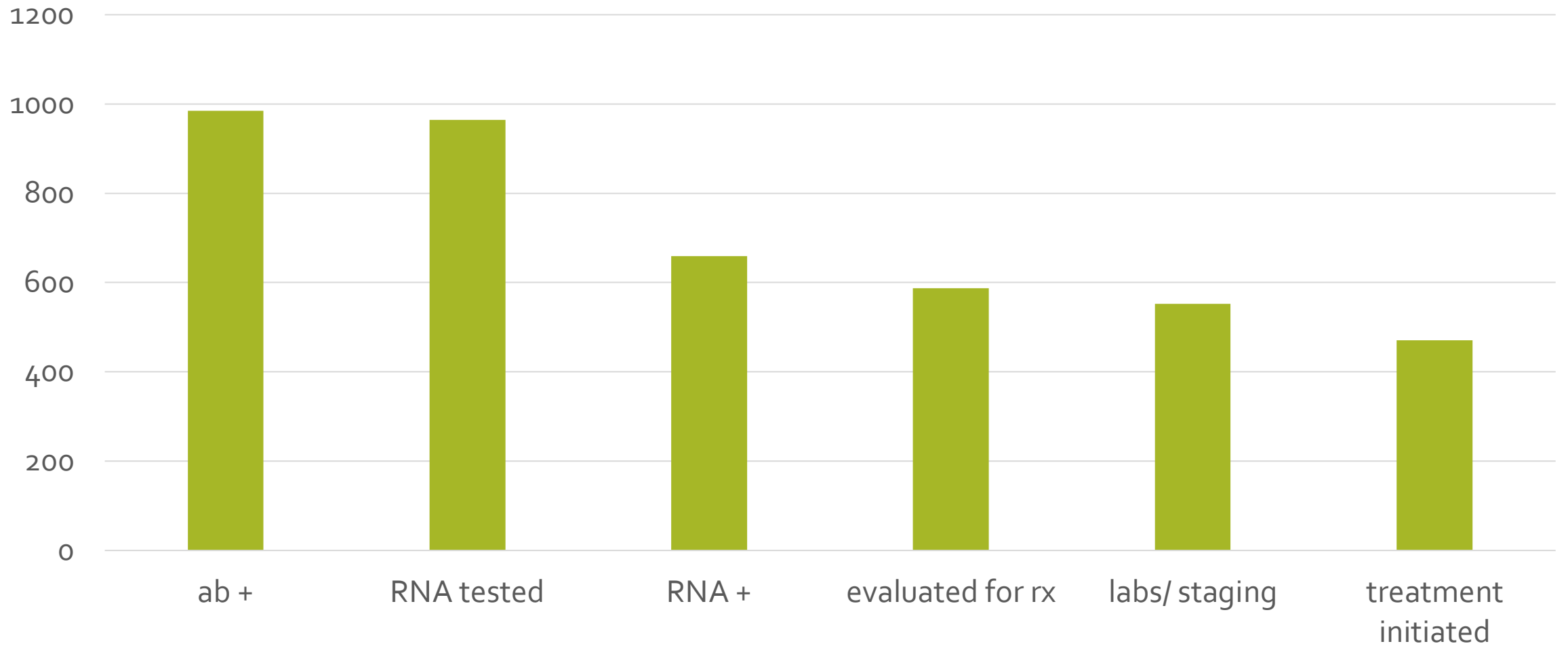
MOUD

Transportation assistance

On site medication dispensing

FQHC Care Cascade

9/17-3/23



Barriers to implementation to building HCV care within FQHCs

Cost of labs and visits for uninsured patients

Provider knowledge deficits about HCV

Competing provider/patient priorities with limited time

Lack of internal clinical champion

Under resourced staff

- Prior authorization
- Follow up with patients who missed appointments

Workforce shortages

Optimal Models in FQHC: Linkage to care



Partner with community based organizations

Syringe Service Programs

Substance Use Disorder treatment programs

Shelters serving people experiencing homelessness

Prisons and Jails



Support integrated testing

Workflows

Testers



Linkage to care

Lab work

Navigation to FQHC

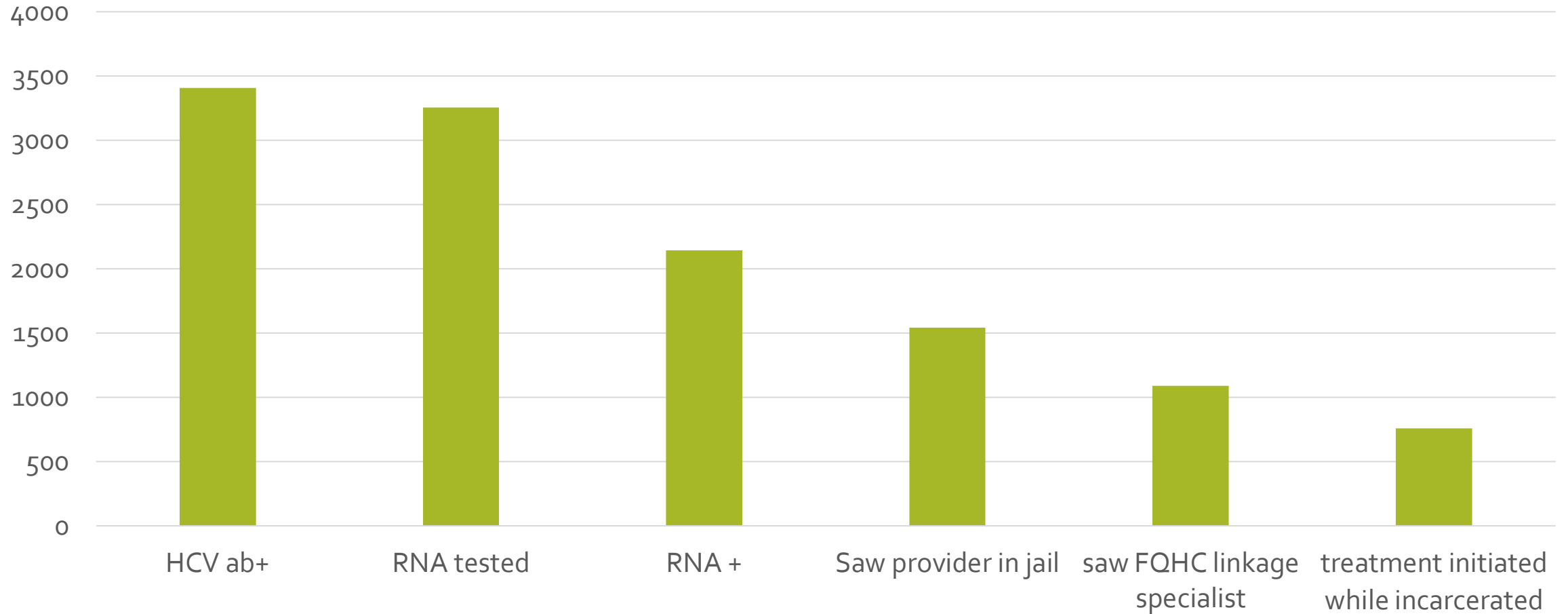
Embed FQHC on site

Telehealth services

Philadelphia Department of Prisons

9/19- 12/2022

n=33890 prisoners



Barriers to implementation to linkage to care models



Cost of labs and visits for uninsured patients



Siloed health care system (behavioral health and physical health)



Competing priorities for partnering agencies



Lack of internal (FQHC) and external (community site) champions



Under resourced staff



Workforce shortages

Scaling treatment by leveraging FQHCs

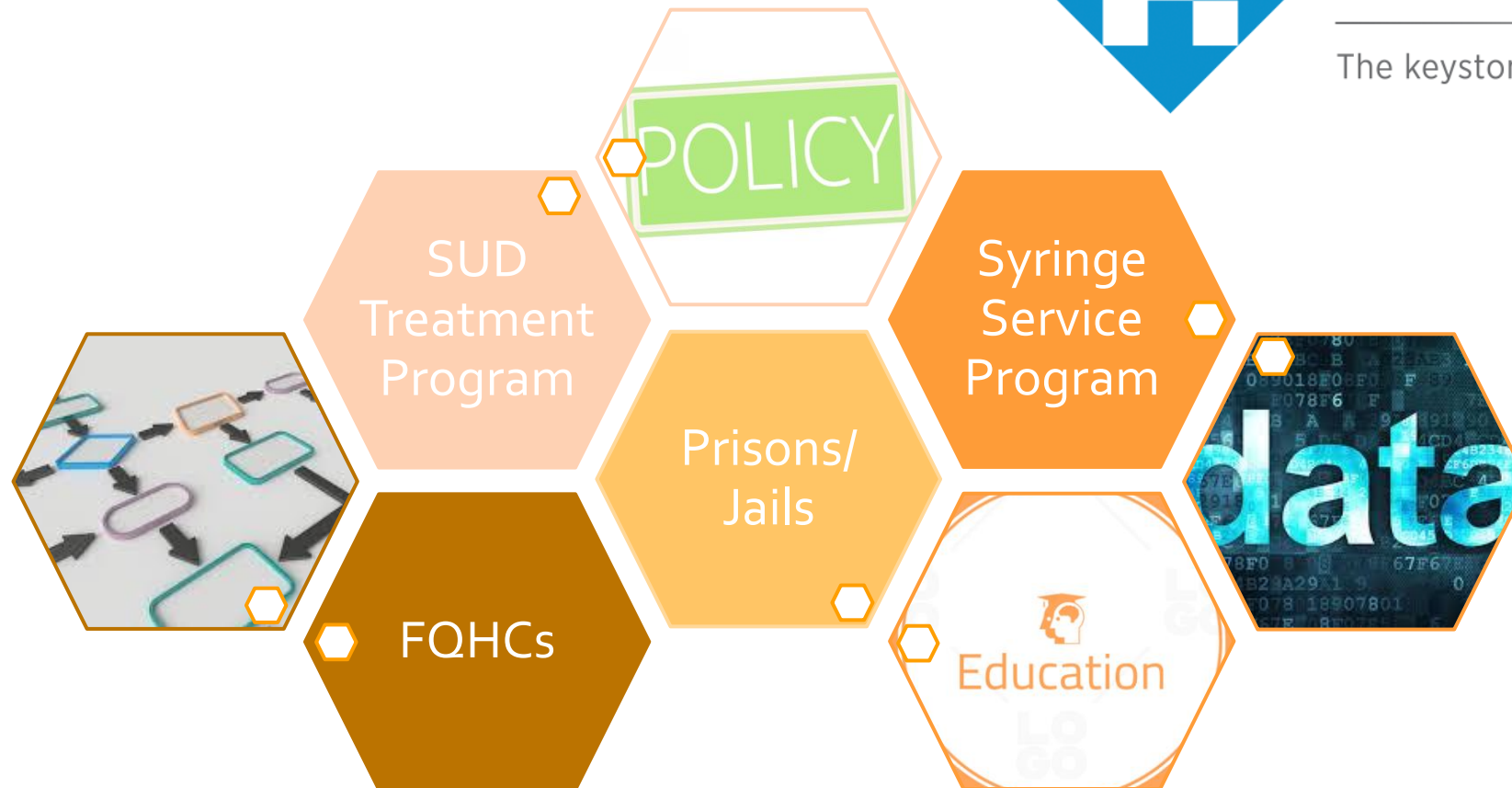
- Policy
 - Removal of prior authorization
- De siloing healthcare reimbursement
- Incentivizing HCV screening and treatment
- Grant funding
 - clinical champions- protected time
 - programmatic staff
 - Resources for patient support
 - Meals, transportation, safe storage of medication
- Technical Assistance for integrating testing and linkage to care workflows

C Change: A Technical Assistance to support HCV Elimination



HEALTH FEDERATION
OF PHILADELPHIA

The keystone of community health since 1983



FQHCs: Critical for HCV Elimination

Can serve as a hub
and spoke model
for cure

Access to primary
care and
preventative
medicine

Safety net: No
referral needed

Additional
integrated services

Serves high
prevalence
populations

Ample financial support is needed

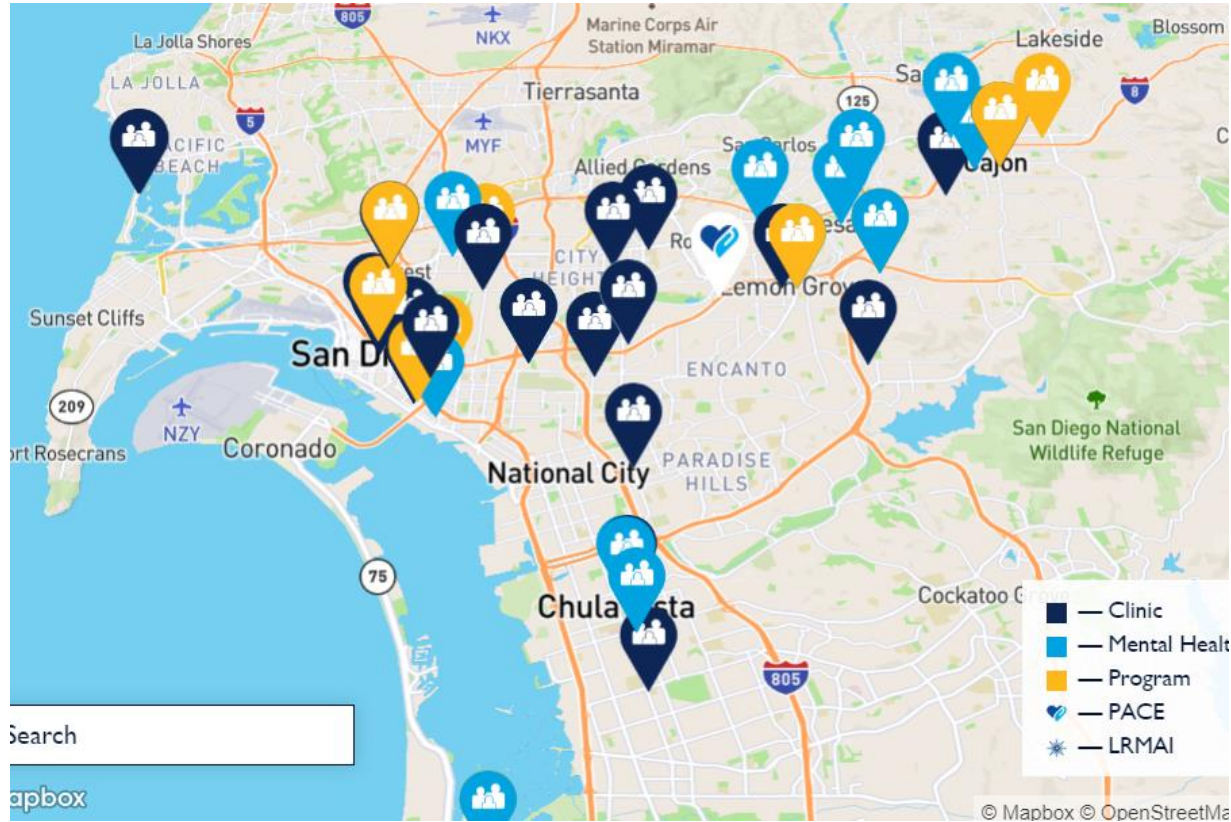
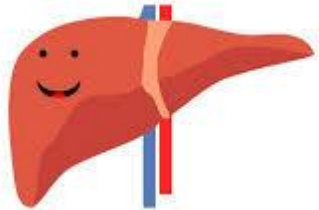
Family Health Centers of San Diego:

*Increasing Screening and
Treatment of Hepatitis C at an
Urban FQHC*

Stephanie Constantino, MD, AAHIVS
Christian Ramers, MD, AAHIVS
September 12, 2023



"No Wrong Door"



HCV Services at FHCS D

- Well-developed clinic-based HCV treatment program
 - 4 ID specialists and 11 primary care HCV treaters across 6 clinics
 - HCV navigators, Transplant Hepatologist, Sonographer
 - Two clinic-based Fibroscans and one Shear-Wave Elastography
 - ECHO-modeled meetings
- Mobile Medical Unit
 - Homeless Shelters
 - Clean Syringe Exchange Program (CSEP)
 - Rapid HCV screening, Treatment
 - Fibroscan
 - Low Barrier Buprenorphine
 - Wound Care



Clean Syringe Exchange Program (CSEP)



Meeting People Where They Are



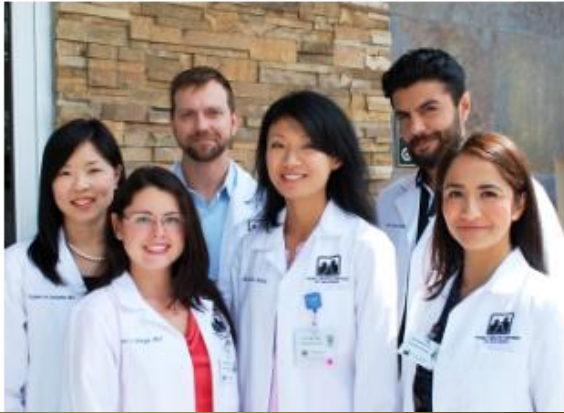
Mobile Unit Staff pictured: Ignacio Aguilar, MA, Kelly Remboldt, PA and Jorge Cazarez, CPT



Eliminate Hepatitis C San Diego County Initiative
Convener of the partnership:



Key Elements for Our Success



- CA state policies lower barriers
 - No Prior Authorizations
 - Simplified Treatment Algorithm
- Community Partnerships
- FQHC Leadership and Staff
 - Dr. Christian Ramers
 - Providers, navigators, SUD counselors, etc.
- Primary Care Capacity
- FHCSO FM Residency Program
 - THCGME
 - HIV Track
- Funding from CDC, CDPH, Industry, 340B

Challenges of an FQHC

- Uninsured, self-pay patients
- High clinical productivity demands
- Shorter visits
- Funding streams
- High staff turnover
- Socio-economic barriers
 - Poverty, Housing, transportation, phone access, health literacy, food-insecurity, safety, justice-involved issues.



Future Directions

- Rapid HCV Confirmatory Testing
- Continuation and expansion of MMU services and street medicine
- More collaboration with harm reduction programs, community clinics, pharmacies, non-profits, jails
- More collaboration for treatment capacity building – ECHO, primary care residency programs
- Telehealth here to stay?
- Universal EMR?
- Single payer?



Thanks for your
attention!

sconstantino@fhcsd.org



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Discussion, Q&A